



LES MENUIRES

100%
PURE SKIING
PLEASURE



friendlyMenuires

LES 3 VALLÉES

10

GOOD
REASONS
TO CHOOSE
LES MENUIRES

1

It is the biggest ski area in the world

There's no question about it. Les Menuires is the heart of the 3 Vallées and the gateway to a skiable domain comprising 600 km of slopes and 7 resorts connected by the summits. An unrivalled winter playground. Simply put, it's the pinnacle of the French mountain scene.

OPENING
from 5th December 2026
to 18th April 2027

2

Guaranteed snow

This high-altitude resort with 85% of its slopes located above 1,800 m and 52% of its terrain serviced by snow-making equipment, always provides optimum snow cover and plenty of powder snow.

3

The best value for money in the 3 Vallées

As the gateway to the 3 Vallées at every level, Les Menuires has been promoting the idea of 'accessible' skiing for 60 years. This is why the resort offers both luxurious 4-star hotels and affordable tourist residences.

4

Ski-in/ski-out holidays

This integrated resort has been designed so that all (or almost all) of its accommodations can be reached ski-in/ski-out. A real luxury! No car required, just park your vehicle for the duration of your stay and enjoy the different areas and their atmospheres by following the footpaths or hopping on the free shuttles.

5

Ski for all levels

A large area means a large range of options for the slopes. At Les Menuires, beginners have access to all the ski areas and are just as pampered as experienced skiers. There are 54 green, 142 blue, 111 red and 35 black pistes in the 3 Vallées area. In other words, there are virtually as many easy slopes as there are challenging ones.

6

Everything for the family

Awarded the Famille Plus label, the resort welcomes babies from 3 months and children of all ages in dedicated facilities. Mini-club ski lessons are available from the age of 3, and the Piou-Piou Village offers a wide range of packages for children to discover the world of skiing and snowboarding. Families also love tobogganing at the Boukty Camp, the fun park and the aqua park.

7

Fun slopes

Popular for its traditional slopes, the resort also boasts three fun zones: the Pixel Area, with its snow park and boardercross, and the Friendly Natural Park, a kingdom of bumps and races among friends, complete with a discovery trail of the local wildlife for the little ones. More of a powder snow and ungroomed spaces enthusiast? Head for the three Liberty Ride zones, ungroomed areas to rediscover the thrills of off-piste skiing in complete safety.

8

Mountains of activities

Both on and off the slopes, Les Menuires offers a multitude of indoor and outdoor activities: sledging, tobogganing, walking, snow groomer rides, snowmobiling or dog sledding, meeting an alpine farmer, snowshoeing, as well as fitness or yoga classes, a cinema and relaxation in one of the resort's wellness areas. Not to mention ski touring and cross-country skiing.

9

For its architectural and cultural heritage

While the ski slopes remain one of the resort's main assets, Les Menuires offers a rich architectural heritage (Baroque at the Notre-Dame-de-la-Vie sanctuary and Brutalist in the heart of the resort), museums (Musée de Saint-Martin-de-Belleville, the Maison de l'abeille noire (House of the Black Bee)), heritage trails... And excellent restaurants where you can enjoy the best of the Savoyard region.

10

For friendliness

There's no fuss here! True to its friendlyMenuires signature, the resort cultivates a unique state of mind, a subtle blend of simplicity and friendliness. 94% of visitors are satisfied or very satisfied with their stay in Les Menuires (BVA study 2023/2024). In addition, Les Menuires ranks as one of France's leading resorts, particularly appreciated for its friendly atmosphere.

Safety first

Every winter, incidents in the mountains – both on and off the pistes – underline the importance of awareness. Les Menuires, at the heart of the world’s largest ski area, has understood this for many years. The resort continually refines its piste-safety policy, practical initiatives and prevention work from the earliest age, helping to make the mountains safer for everyone.



Ski Patrol Experience (ages 7-14)

This fun, educational 3,300m² course introduces young people to mountain professions while helping them understand the real challenges of safety in an Alpine environment. Activities include riding mini snowmobiles and electric mini piste bashers, a helicopter-rescue simulation, avalanche transceiver searches, avalanche dogs, a behind-the-scenes look at piste grooming, an introduction to snowmaking, mountain-rescue awareness and learning the skier’s rules. Everything is supervised by the resort’s ski patrollers, encouraging curiosity, responsibility and teamwork while teaching children about mountain hazards and the right way to behave on the pistes.

► Every afternoon from Tuesday to Friday
(1.15–3.15pm or 3.15–4.45pm)

Information: location.lesmenuires.com
+33 (0)4 79 00 79 79



New

Ski patrollers visit Piou-Piou (ages 3-5)

“Adults say so many misleading things to children that we decided to introduce safety awareness for the very youngest,” explains Christelle, director of Piou-Piou in Les Menuires. Piou-Piou is about far more than learning the snowplough – this is where a child’s mountain education truly begins. Once a week during the school holidays, the resort therefore runs “Ski Patrollers at Piou-Piou”. The moment the ski patrollers arrive with an avalanche dog, the children are captivated. They learn about piste markings, how piste colours are decided, how and why a snow cannon works, how to recognise hazards marked by banners – even before they can read – and why they should never be carried by an adult on skis or ski between an adult’s legs. Through games, simple words and child-friendly comparisons – such as “the stinging bee” to explain the danger indicated by black-and-yellow marker poles – ski patrollers bring these lessons and scenarios to life. Patrollers and children talk and learn from one another, as youngsters always have an interesting perspective on the mountains. Mum and Dad may soon find that they have plenty to learn too!

► Included in Piou-Piou lessons.
► Approximately 20 minutes.

ESF Club Piou-Piou Les Menuires:
+33 (0)4 79 00 63 79 or esf-lesmenuires.fr



NEW – PRESS PREVIEW Full-day safety course

Understanding how avalanches occur and learning to assess risk are essential to enjoying the mountains independently and responsibly. Les Menuires mountain guides therefore offer a full-day course devoted to winter and avalanche risk management. Designed for anyone venturing into the mountains, particularly beyond marked paths and pistes, it combines theory and practice. Freeride beginners, experienced skiers and adventure-loving hikers learn how to assess the snowpack, interpret weather and avalanche bulletins, use avalanche transceivers, probes and shovels effectively, and manage emergencies. Afterwards, they can experience the mountains of the Vallée des Belleville without compromising their own safety or that of others.

► From €110 per person for the day.

Information: guides-belleville.com

New four-star nights

NEW

°FAHRENHEIT SEVEN The hotel set to electrify Les Menuires!

Located in the heart of the resort, °F7 Les Menuires is the latest ski-in, ski-out four-star hotel to open in the friendliest resort in Les 3 Vallées, welcoming its first guests from 11 December 2026. A stone's throw from the Preyeraud gondola lift, this sixth address from the °Fahrenheit Seven "Maison" blends seamlessly into its surroundings. Conceived as a lively meeting place reflecting the spirit of the resort, it celebrates togetherness, snow sports and high-altitude living.



A story worth waiting ten years for!

Les Menuires has always held a special place in the hearts of the Vidonis, the couple who co-founded the °Fahrenheit Seven "Maison". When Les Belleville town council launched a competition for a hotel site in the resort, the °Fahrenheit Seven team – then still in its early days – embraced the opportunity. Their proposal was selected, beginning a long and sometimes thwarted love story: ten years of patience and determination. During that time, °F7 grew through other ventures, including Roc Seven, its slopeside restaurant in Les Menuires, as well as properties in Cap Ferret, Porto-Vecchio and Biarritz, before °Fahrenheit Seven Les Menuires finally opens its doors this winter. The best stories are worth the wait – and this one begins on 11 December 2026.



Neo-vintage style and a dedicated team

Every detail of the 51 rooms for two to six guests (27 to 91 m²) has been carefully designed by Véronique Vidoni, co-founder of the °Fahrenheit Seven group. Bold, resolutely contemporary design meets a vintage spirit without nostalgia, creating the elegant yet deeply welcoming neo-vintage atmosphere that is the Maison's hallmark. The hotel also features a concept-store-style ski boutique for on-site equipment hire and a fully glazed spa with heated indoor pool, sauna, steam room and adults-only evening access. Food is generous, drawing on Italian and Mediterranean influences alongside fresh takes on essential Savoyard specialties. Guests can dine indoors (110 covers) or on the 200 m² south-facing terrace, also a prime après-ski spot with a relaxed musical atmosphere, DJs and performers.

Yet what truly defines °Fahrenheit Seven is its team: passionate kitchen staff, hosts who make every stay unique and service where meticulous attention to detail is matched only by the warmth of the welcome. Here, quality is not proclaimed – it is lived, felt and rediscovered season after season. Dedicated skiers, families seeking fresh air and good humour, and groups of friends who know the best evenings begin when the lifts close: welcome to Les Menuires.

- Covered car park (28 spaces) and group/event packages available on request.
- From €300 per night for a double room, including breakfast.

| +33 (0)4 79 00 27 07
| or fahrenheitseven.com/les-destinations/hotel-menuires.html



A taste of the mountains!

NEW

The mountains are made for sharing:
an Alpine pasture, cheese and a legacy...

An improvised table inside one of the last mountain cheese-ageing cellars, laid across wheels made the previous summer, with a few candles and cosy throws... Welcome to Chez Pépé Nicolas for an intimate and privileged evening in the mountains. Every week throughout winter, Valentin – Pépé Nicolas’s great-grandson, an Alpine farmer and manager of the family farm – shares the story of his family’s mountain chalet. He reveals the traditional preservation and maturing techniques that have made the farm renowned, talks about his passion for agriculture and craftsmanship, and describes the daily life of a family that has kept the mountain alive in every season for four generations. Local wines and cheeses from the Alpine pasture – farmhouse tommes, raclette cheese, sérac and more – provide an authentic taste of the mountains. This is where the milk is collected and the cheeses are curdled, drained, moulded and matured on site by Judicaël, artisan cheesemaker and affineur. He is married to Margot, Pépé Nicolas’s great-granddaughter and Valentin’s cousin. It is a timeless encounter at altitude with a true mountain family. Guests may then dine at the restaurant to continue the experience.

► Thursdays at 6pm, €50 for two hours, including explanations and tastings.

► +33 (0)6 09 45 28 35
or chezpepenicolas.com



UNUSUAL

Fondue in a gondola cabin
or raclette in an igloo?

True to their commitment to quality and sustainability, sourcing ingredients as locally as possible, Christophe and Julie showcase not only homemade cooking and pastries but also their exceptional mountain setting. La Marmite, their “Maitre Restaurateur”-certified restaurant in Les Menuires – now celebrating its tenth anniversary – features a typically Savoyard dining room and offers a high-altitude dining experience without leaving the heart of the resort. Two genuine Les Menuires gondola cabins have been transformed into unusual dining spaces for couples or families of four, while an igloo with a wood-burning stove and faux furs seats up to eight. Guests can choose raclette, fondue, vacherin cheese or a sharing rib of beef – followed by the indulgent genépi dessert – in truly Alpine surroundings!

► Set menu €52 / Children’s menu €22

► +33 (0)4 79 00 74 75
or lamarmite-lesmenuires.fr



Peak value for money

High season

From €76 per person per day (ski pass and accommodation) in Les Menuires for a one-week family stay (four people) during the school holidays.

Low season

From €56 per person per day (ski pass and accommodation) in Les Menuires for a March holiday with friends (based on six people sharing an apartment).

Prices say "SKI PASS"



Saturdays are for skiing!
€ 41
The one-day ski pass every Saturday

Purchase online only at skipass-lesmenuires.com by midnight on Friday

With Family Flex, the whole family skis at the child rate

From €287 per person for a six-day pass (Les Menuires / Saint-Martin-de-Belleville)

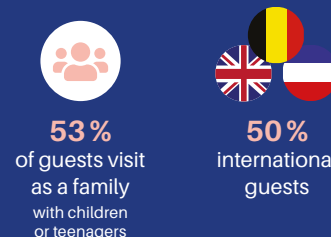
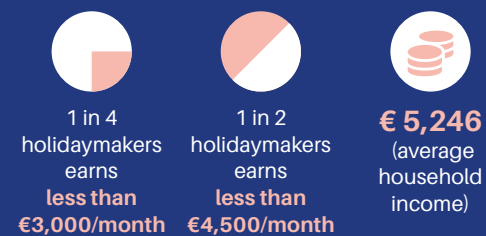
Available for groups of at least three people (maximum two adults and at least one child) for five or more consecutive days, covering the same area, duration and dates and purchased using the same payment method.



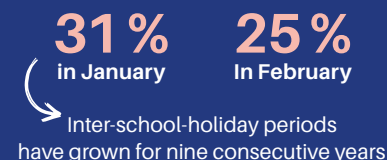
No wonder the friendliest resort in the Alps broke its visitor record for the fourth consecutive year last winter!

The most accessible resort in Les 3 Vallées, combining outstanding skiing, activities for everyone and a warm atmosphere, Les Menuires offers the best-value way to enjoy the world's largest ski area.

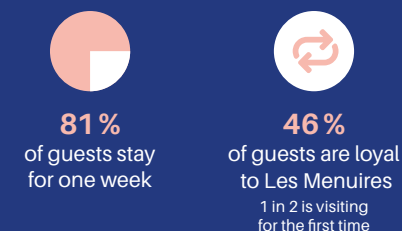
Who skis in Les Menuires?



When?



For how long?

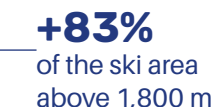


Ski area key figures

LES MENUIRES



LES 3 VALLÉES



Carbon footprint Mountains by nature

La Masse: the wild icon of Les 3 Vallées

On the western side of the ski area, La Masse appeals to skiers seeking authenticity, wide-open spaces and big vertical descents. Its ultra-fast gondola reaches the 2,800-metre summit in just eight minutes, providing access to long pistes with 1,000 metres of vertical drop, terrain for every ability and numerous iconic off-piste routes – all in a peaceful atmosphere, far from areas crowded with lifts. This limited infrastructure means more skiing, more silence and more unspoilt scenery.

La Masse is also an area of considerable ecological value. It includes a protected quiet zone for black grouse, developed through an enhanced partnership with Vanoise National Park. Across Les 3 Vallées, more than 260 birds have been fitted with GPS tags over eight years, including 83 black grouse within the municipality of Les Belleville, helping experts understand their behaviour and protect their habitats. Praised by the French Biodiversity Agency, this work contributes to an exemplary balance between tourism and biodiversity. La Masse is also home to the Ludizone – Friendly Natural Park, a fun and educational area created with Vanoise National Park, where younger visitors – and curious adults – can discover Alpine wildlife, plants and landscapes in an interactive, gentle and respectful way.



NEW

Snowflakes that did not
simply fall from the sky...

That makes two! Four years after receiving its first Flocon Vert sustainability award, Les Belleville – the municipality encompassing the resorts of Saint-Martin-de-Belleville, Les Menuires and Val Thorens – has earned a second. These snowflakes are hard-won, recognising the destination's commitment to responsible mountain tourism and a greener future.

Several initiatives were praised in achieving the award's second level, including:

- **Renewable energy:** An Hydroelectric power plant covering 80% of the electricity used by the Les Menuires ski area, and plans for a biomass district-heating network serving the Croisette, Brelin and Preyerand districts by 2029...
 - **Mobility:** twice as many free shuttle buses and expansion of BlaBlaCar Daily, together with a new cycle path from Salins-les-Thermes to Les Menuires...
 - **Waste reduction,** particularly the destination's investment in the "Zero Waste Mountain" initiative
- The result of tireless collective effort.

Carbon footprint



Transportation door to door
(22.8kg CO₂ EQ / day in winter)

52 %

Accommodation
(4.8kg CO₂ EQ / day in winter)

11 %

Equipment
(4.8kg CO₂ EQ / day in winter)

11 %

Food
(4kg CO₂ EQ / day in winter)

9 %

Ski area
(3.7kg CO₂ EQ / day in winter)

8,5 %

**Local authorities
and infrastructure**
(3.7kg CO₂ EQ / day in winter)

8,5 %

43,8kg CO₂ EQ /day

That's the carbon footprint
of a day's skiing in Les Menuires

10 % lower

than the average
for French ski resorts
(which is estimated at 48.9kg CO₂ EQ / day
according to ADEME 2022)

Winter events

Save the date(s) !

Resort opening
SATURDAY 5 DECEMBER 2026

Winegrowers' Week
11-14 JANUARY 2027

Trophée de l'Espoir
THURSDAY 18 FEBRUARY 2027



NEW

Belleville Light Tour: ski touring takes centre stage! **28 JANUARY**

Les Menuires welcomes a brand-new ski-touring race: the Belleville Light Tour.

This night-time race is the first stage of the event, with the second taking place on 10 March in neighbouring Saint-Martin-de-Belleville. Open to everyone, from beginners to experienced skiers, the challenge promises a spectacular new experience. At the heart of the Les 3 Vallées resorts, the fully illuminated course combines climbs, descents, carrying sections and skin transitions in a dynamic elimination format. As in the Milano Cortina Winter Olympic events, competitors race individually or in relays for maximum excitement. Wearing head torches on their helmets and LED sticks on their backs, they compete within touching distance of spectators. Beginners need not worry: a stand will be available before the start to help them fit and remove their skins. The event ends in style with a tartiflette party and a warm Savoyard atmosphere!

► Dates: 28 January in Les Menuires and 10 March in Saint-Martin-de-Belleville

► Vertical ascent: 100 m



French Elite Alpine Ski Championships

29 MARCH-4 APRIL 2027

With 250 athletes, five disciplines – downhill, super-G, giant slalom, slalom and combined – 500 team members and more than 3,000 spectators in total, the French Elite Alpine Ski Championships are a major event for any host resort. Les Menuires, a recognised venue for top-level competitive skiing, welcomes France's finest racers for the 2027 championships, a highlight of the national calendar. Spectators can see the French men's and women's Alpine ski teams and cheer on Savoie athletes including Laura Gauché, Marie Lamure, Théo Lopez, Victor Muffat-Jeandet, Clément Noël and Flavio Vitale – as well as Les Menuires home-grown talents Loévan Parand, Loïs Abouly, Théo Bourgeois Charles, Coline Bourgeois and Lénaëlle Parand.

Les Menuires Sports Club
+33 (0)4 79 00 64 48 / lesmenuires.com



Yogiski **4-9 APRIL 2027**

For its 11th edition, Yogiski invites guests to unroll their mats and clear their minds at 1,850 metres, facing the peaks during a week of fitness and wellbeing at just the right altitude. The programme includes first-tracks yoga at 2,800 metres, cold yoga, a yoga hike with dinner in a mountain refuge and a descent beneath the stars, sound baths, Ayurveda, naturopathy, foot reflexology, Tai Chi, candlelit yin yoga... and skiing, of course!

Les Menuires Tourist Office
+33 (0)4 79 00 73 00 / lesmenuires.com



5th Complètement à la Masse **20 MARCH 2027**

Head to the La Masse sector in Les Menuires for a wildly entertaining slalom unlike any other: 1,000 metres of vertical descent and a five-kilometre course packed with obstacles, including giant slalom gates, a forest of poles, moguls, boardercross, a snake run and a biathlon stand. "Complètement à La Masse" is a day on the snow open to everyone – licensed or not, in fancy dress or not, locals and visitors alike. With accessible courses and highly motivated competitors, participation has tripled in three editions!

Les Menuires Tourist Office
+33 (0)4 79 00 73 00 / lesmenuires.com

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Press
area

